

THE FORD CLINIC 972 296-0101

Fillings Post-Op Instructions:

- 1. Do not eat on your new filling for one hour and until your numbness is gone.**
- 2. If you are supervising patients who had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).**
- 3. Do not bite hard or chew on silver Amalgam fillings for 24 hours.**
- 4. You may experience cold and heat sensitivity and some soreness on your gum, this usually subsides in few days.**
- 5. Call our office if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions.**