THE FORD CLINIC 972 296-0101

Extraction Post-op Instructions:

1. If possible, pressure should be placed on the gauze pad that has been placed on the extraction site for one hour. If the bleeding continues new gauze should be placed and pressed on for another 45 minutes.

2. If you are supervising children who have had extraction done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).

3. Avoid eating or drinking anything hot on the day of your extraction. Also, do not rinse your mouth; do not use a straw for drinking. Do not spit and do not drink carbonated beverages. Do not brush on the day of the surgery; you can resume your brushing and flossing the day after, gently.

4. You may experience some pain, bruising around your lips and/or some swelling, especially after extraction of impacted wisdom teeth. Ice bag application and medication prescribed for you will help to minimize your discomfort.

5. Please take all the medication you have received based on the instructions given to you.

6. During the first 2-3 days after the surgery a diet of soft food and liquids is recommended (soup, yogurt, milk shake and juice).

7. Call our office if you experience excessive bleeding, severe pain or swelling or if you have any questions or concerns. You may contact your surgeon if you have questions. ( )

8. In case of serious emergencies call 911 or go to a hospital emergency room.